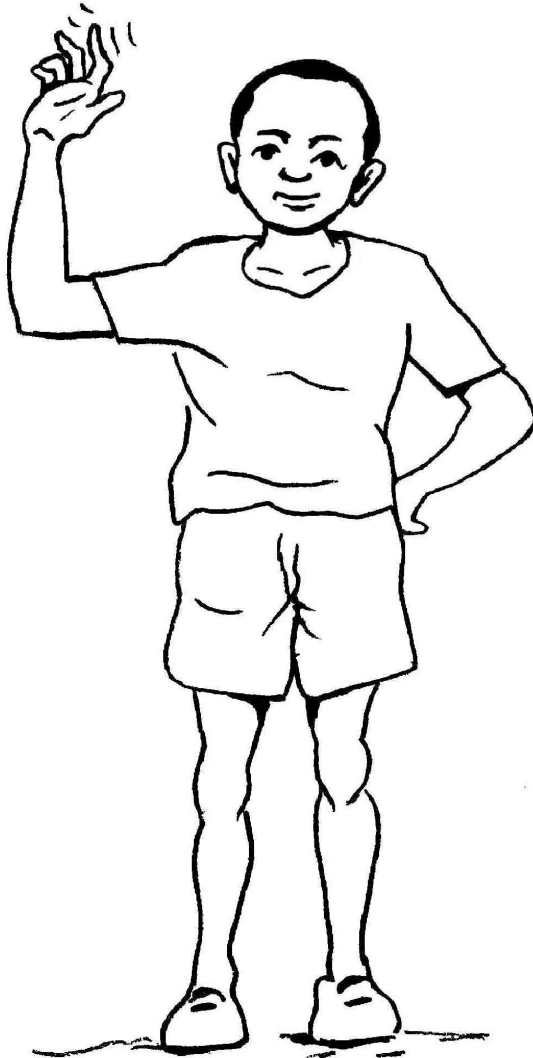
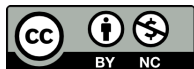


# Mwili Yangu

My body





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Excerpt from the SIL Cameroon Science and Citizenship Levelled, Integrated Reader: Class 1, Book 2

Mwili Yangu

My body

Written by  
Chuo Kain Godfrey  
Kristine RothTrammell

Illustrations by  
Bawe Ernest Mbanji  
SIL International

Ndzwani Comorian, English  
Ndzuwani, Comoros

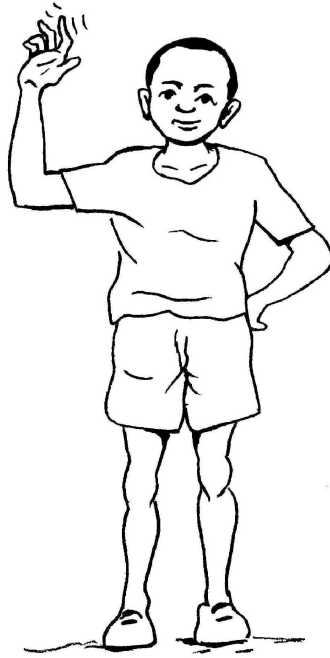
Subject:

Science (Health Education and Environmental Education)

Content Objectives:

The pupils will be able to:

- identify various parts of the body and their functions.
- appreciate and care for parts of their bodies.
- Identify the five senses of the body and their uses.



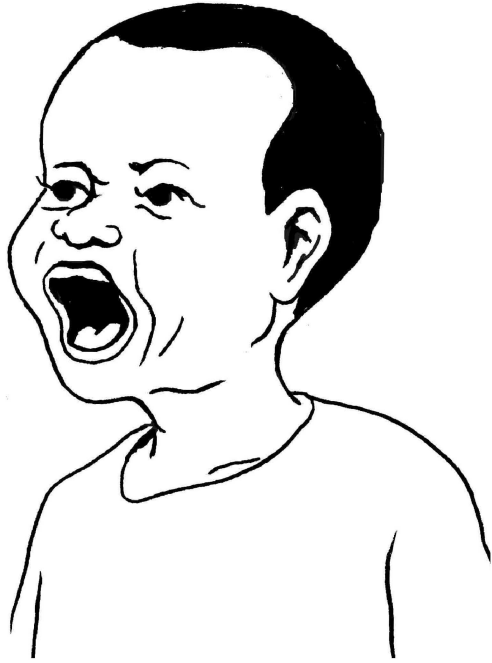
Mwili yangu ya fetre swafi. Wami  
ubamba na za zangu na mihono  
yangu.

My body is great! I touch with my  
fingers and my hands.



Wami uvulishiya na makio yangu.  
Wami uwona na matso yangu.

I listen with my ears. I see with my  
eyes.



Wami ununka na pua yangu. Wami  
ulaulia na ulimi yangu.

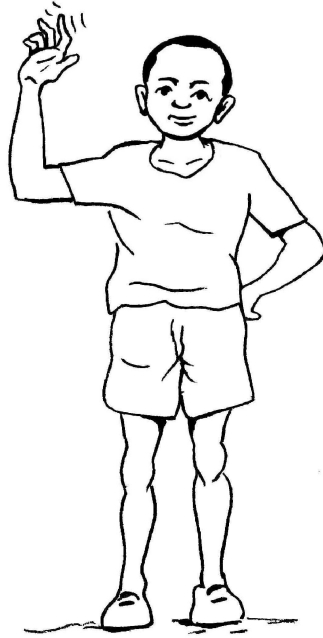
I smell with my nose. I taste with  
my tongue.



Magunguni yangu inyama ya mindru yangu. Wami uhimana mindru yangu.

My knees bend my legs. I stand on my feet.





Mwili yangu ya fetre swafi!

My body is great!

Oral Comprehension Questions:

(Besides the ideas listed in the story)

1. What else can you do with your body parts?
2. What other things can you do with your head?
3. What other things can you do with your ears?
4. What other things can you do with your eyes?
5. What other things can you do with your nose?
6. What other things can you do with your lips?
7. What other things can you do with your tongue?
8. What other things can you do with your hands?
9. What other things can you do with your legs?
10. Who made our bodies to work so well?

### Possible Activities:

1. Make a diagram on the board of a person and label the body parts. Have the children copy the pictures and words into their exercise books.
2. Create a song about the body. Think of motions to correspond with the words.
3. Compare the human body with different animals' bodies. Discuss the similarities and differences. Are there terms that are different? For example: People have arms, but animals only have legs. Or insects have antennae, but people do not.
4. Ask the children to think of a body part they would like to have and how having such a part would change their lives. For example: Having wings to fly would allow a person to fly to school rather than walking all the way. Have the children try to only use their fingers without using their thumbs to do things such as writing or picking up objects. Explain that most animals do not have thumbs (only monkeys do). Discuss what a great help having thumbs are for human beings.



